

Runner Ambassador Program



**R.A.P. A Home for International
Student-Athletes**

Runner Ambassador Program R.A.P.

With more than 17,000 international student-athletes studying and competing at NCAA member institutions, international student-athletes add much to the learning environment within intercollegiate athletics.

International student-athletes face unique challenges once they land on campus, including additional travel, language barriers, difficulties in adjusting to a new sports culture, acclimatization issues, and isolation.

With such challenges, international student-athletes bring depth and cultural diversity that enhances the learning environment of every student-athlete, coach and administrator in the Association.

-NCAA

International Student-Athletes

Top 5 Nations of Origin, Division I Sports

Division I Men's Sports							
Tennis	N	Soccer	N	Basketball	N	Ice Hockey	N
U.K.	98	U.K.	194	CANADA	84	CANADA	445
GERMANY	92	CANADA	116	AUSTRALIA	52	FINLAND	15
SPAIN	90	GERMANY	95	NIGERIA	45	SWEDEN	13
AUSTRALIA	71	JAMAICA	44	GERMANY	26	AUSTRIA	2
BRAZIL	54	NEW ZEALAND	44	SERBIA	23	CAMBODIA	2

Division I Women's Sports							
Tennis	N	Soccer	N	Track & Field	N	Golf	N
GERMANY	85	CANADA	339	CANADA	167	CANADA	82
SPAIN	85	U.K.	77	JAMAICA	63	SWEDEN	43
CANADA	69	GERMANY	34	UNITED KINGDOM	38	U.K.	41
AUSTRALIA	64	SWEDEN	29	GERMANY	33	FRANCE	26
RUSSIA	61	NORWAY	26	KENYA	32	SPAIN	26

Note: Sports included are the 4 sports with the highest N of international SA participants. Top 5 nations of origin for all international SAs in the 2014-15 cohort.

NCAA AASP Grant

This program originated from an initiative of the NCAA Accelerating Academic Success Program (AASP) Grant which is used to support CSUB Athletics' efforts to enrich academic-enhancement programs and increase student-athlete graduation rates.



WHO WE ARE...

**The `Runner
Ambassador Program
was created to enhance
our international
student-athletes' (ISA)
academic success,
student experience,
and increase overall
international student-
athlete retention.**



International Student-Athletes at CSUB

**We currently have 29
ISA representing 20
different countries
among 10 of our 17
intercollegiate teams.**



International Student-Athletes at CSUB

Fall 2016– Spring 2017

Men's Basketball

- Senegal 1
- Egypt 1

Men's Golf

- China 1
- Malaysia 1

Men's Soccer (Futbol)

- Germany 3
- England 1
- Switzerland 1
- Norway 1
- France 1
- Canada 1
- Brazil 1

Men's Swimming/Diving

- Croatia 2

Total = 15 Athletes; 12 countries

Fall 2016– Spring 2017

Women's Golf

- Singapore 1

Women's Soccer (Futbol)

- Sweden 2
- Ireland 1
- Spain 1

Women's Swimming/Diving

- Canada 1

Women's Indoor/Sand Volleyball

- Brazil 5
- Serbia 1

Women's Water Polo

- South Africa 2

Total = 14 Athletes, 8 countries

International Student-Athletes at CSUB

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Women's Water Polo

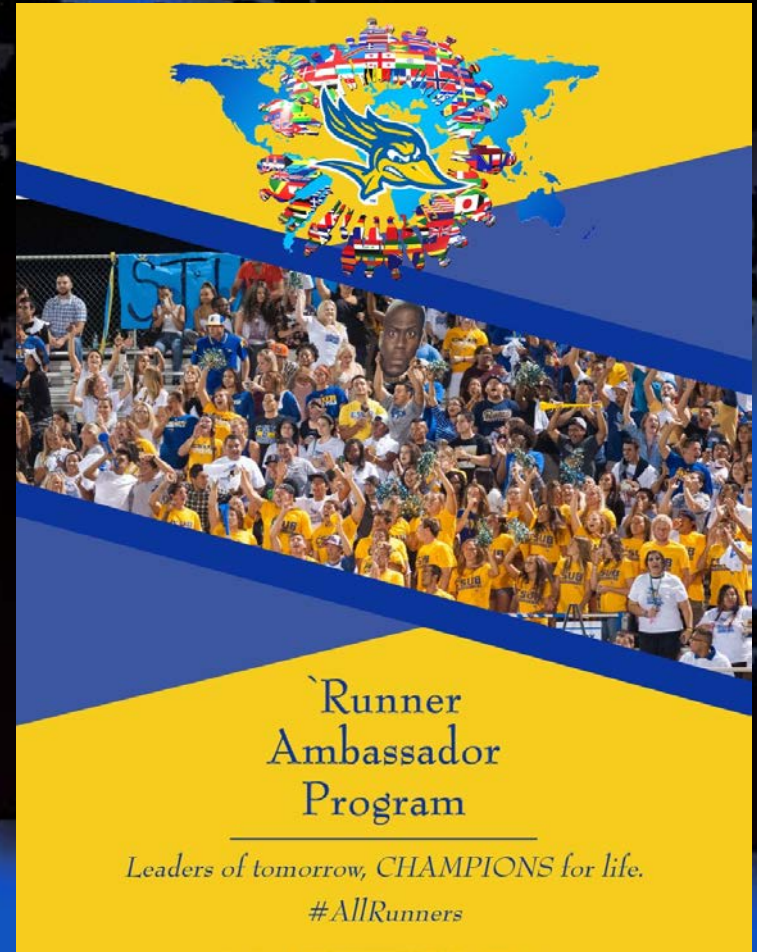
- South Africa 2

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R.A.P. Handbook

The R.A.P. Handbook includes topics on:
American currency
Applying for a driver's license
Living in Bakersfield
Campus/community resources
American grading system
Immigration laws
American culture/dialect

We wanted to make the handbook accessible to all our ISAs, so rather than handing out physical copies we created a website and will have mobile app created soon.



**Runner
Ambassador
Program**

Leaders of tomorrow, CHAMPIONS for life.

#AllRunners

R.A.P. Advisory Committee

We developed a comprehensive advisory committee of international faculty members, our international office, athletics support staff, coaches who recruit internationally, as well as current and former international student-athletes to assist with programming for ISAs.



Calendar of Events 2016-2017

September	October	November	December	January	February	March	April	May
(August) R.A.P. Program Launch: Branding		International Education Week Nov. 14th-18th			ISA Tax Session Feb-April	R.A.P. Signature Event March 18 Int'l Appreciation BBQ @ Beach Volleyball	OPT Panel April 25th	Graduation May 19-20 w/ R.A.P. Pins (6 ISA)
R.A.P. Welcome Sept. 7 th Orientation		Senior ISA Lunch with President Cabinet Nov. 14th						I-20 Signing Day with ISP office



R.A.P. Orientation

We successfully launched our program Sept. 7th, 2016

Which has supplemented as an orientation for international students that is a campus requirement

CSUB Welcome

Welcome to California State University, Bakersfield! As an international student-athlete, you make up a small, but very valuable group of student-athletes here at CSUB! We hope that the information provided in the "Runner Ambassador Handbook" found at the Kegley Center and in this brochure will help you adjust to life in the United States!

Please do not hesitate to contact your coaches, your team's athletic academic advisor, or the staff in the International Student Programs office if you need help with anything.

Runner Ambassador Handbook

You will find everything you will need for your adjustment to the United States in this handbook, including:

- Housing and Transportation
- International Health Insurance, tax information, and banking
- Postgraduate opportunities
- Much more ...

ESL & IELC Resources

At CSUB we also offer a variety of services for international students: English or Second Language tutoring, an Intensive English Language Center which includes Conversation Partners and Host Families. For more information, please contact Rosemary or Luiza.

For information regarding housing, <https://www.csu.edu/housing/index.html>

Email: csuhousing@gmail.com

CSU Bakersfield International Student-Athletes

The "Runner Ambassador Program (R.A.P.)" was created to support, motivate, and provide resources to our student-athletes who join us from another country. Our goal is to ensure that all our international student-athletes enjoy their student experience as they participate in their respective sports. R.A.P. collaborates with several different entities throughout CSUB including the athletics department, campus international committees, international faculty, career resources, campus programming, and student organizations.

 @RunnerAmbassadors

 @CSUB_RAP

 @RunnerAmbassador2016

The "Runner Ambassador Program Handbook" with detailed information about living in Bakersfield, as well as the U.S., is located on www.runners.com under the Kegley Center for Student Success tab and a physical copy in the Kegley Center for Student Success.

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Luiza Martins
Runner Ambassador
Program Co-Coordinator
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International Students &
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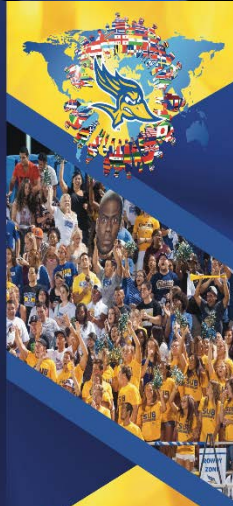
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Runner
Ambassador
Program

Leaders of tomorrow,
CHAMPIONS for life.
#AllRunners



R.A.P. Orientation



R.A.P. at CSUB International Week

November 14th – 18th Campus Programming put together a week-long event to celebrate our international students, staff, and faculty

Food Around the World on One Plate

The event was coordinated by the International Student Club President and member of the swim team Luka Seles and R.A.P. co-coordinator Luiza Martins



R.A.P. at CSUB International Week



International Night at Women's Basketball Game

We had 50 people representing about 22 countries join our parade at halftime

R.A.P. at CSUB International Week



R.A.P. at CSUB International Week

All Around the World
– Speed Friending
Luncheon



R.A.P. at CSUB International Week





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Handwritten notes on yellow cards, including phrases like "The world is a village" and "The world is a global village".

International Student-Athlete Luncheon with University President and his Cabinet



Theta Theta Induction 2017



Among the **#** of students that were inducted into Theta Theta the CSUB Chapter of Phi Beta Delta, **2** were current student-athletes and **3** former CSUB student-athletes



International Appreciation BBQ at Beach Volleyball Tournament

JOIN US FOR A DAY AT THE BEACH!



Come enjoy some BBQ as we celebrate our International students, faculty and staff while our CSUB Women's Beach Volleyball team takes on Northridge & LMU

SATURDAY MARCH 18, 2017

Time: 1:15 pm

Where: Barnes Beach VB Complex (Next to REC Center)

#CSUBhvb & @CSUBAthletics

PLEASE VISIT OUR WEBSITE
www.gorunners.com



T & K
Photography

ISA Tax Session

A scan of a 2017 Form 1042-S, "Foreign Person's U.S. Source Income Subject to Withholding". The form is titled "Copy A for Internal Revenue Service" and includes various fields for reporting income and withholding. The header includes the year "2017" and the form number "1042-S". The form is divided into several sections, including "PAYER'S INFORMATION", "RECIPIENT'S INFORMATION", "INCOME INFORMATION", and "WITHHOLDING INFORMATION".

ISA Taxes

- CPA volunteered to help ISA file taxes for 2016
- CPA will host educational Tax Workshop for 2017
- Accounting Office assisted with distribution of 1042-S forms and will be using Arctic International's Glacier Tax Prep next year for NRA scholarship athletes



Optional Practical Training Panel



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and Immigration
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Understanding F-1 OPT Requirements

Below are some key requirements you must fulfill to apply for an F-1 OPT. For each requirement, we have included forms of evidence that you may submit to meet the requirement and other tips to help you prepare your application.

[Collapse all](#) | [Expand all](#)

Requirement 1 - Your OPT must relate to your major or course of study.

While on F-1 OPT, the work you will perform must directly relate to your major area of study. If you are starting a business, the majority of the work you perform must be directly related to your major area of study.

Requirement 2 - You will need to decide whether you wish to engage in OPT while you are still attending school (pre-completion OPT) or after you graduate (post-completion OPT), or a combination of the two.

An F-1 student may be authorized up to a total of 12 months of full-time practical training at each educational level (e.g., undergraduate, graduate and post-graduate). If the student chooses to engage in pre-completion OPT, he or she may not work more than 20 hours per week while school is in session, but may work full-time during his or her annual vacation and other times when the school is not in session. If a student engages in pre-completion OPT, the student's eligible period of post-completion OPT will be reduced by 1 month for every 2 months of part-time pre-completion OPT that is worked when he or she graduates. Students who graduate with a qualified Science, Technology, Engineering or Mathematics (STEM) degree, and are currently in an approved post-completion OPT period based on a designated STEM degree may apply for a 17-month STEM extension of their post-completion OPT.

[+ How do I apply for F-1 OPT?](#)



APRIL 25TH @ 6PM IN THE ICARDO ROOM OPTIONAL PRACTICAL TRAINING (O.P.T.) PANEL

Brought to you by The ^URunner Ambassador Program



*Would you like
to work in the
U.S. after
graduation?*

□ □ □ □

FREE Pizza

□ □ □ □

FREE
Informative
Conversation

□ □ □ □

Bring your
questions for our
panelists

^URUNNER
AMBASSADOR
PROGRAM

For more information
contact:

Rosemary Stribling:
rstribling@csub.edu

Luiza Martins:
lmartins@csub.edu

Optional Practical Training Panel




I-20 Signing Day



Recruiting Tool

We plan to use our program as a recruiting tool for coaches beginning Spring 2017:

- Programming/Events for ISAs
- NCAA Initial Eligibility Requirements
- Documentation requirements
- R.A.P. Website
- CSUB contact info

CSUB Welcome <p>Welcome to California State University, Bakersfield! As an international student-athlete, you make up a small, but very valuable group of student-athletes here at CSUB! We hope that the information provided in the Runner Ambassador Handbook, found at the Regley Center and in this brochure will help you adjust to life in the United States!</p> <p>Please do not hesitate to contact your coach, your team's athletic academic advisor, or the staff in the International Student Programs office if you need help with anything.</p>	Runner Ambassador Handbook <p>You will find everything you will need for your adjustment to the United States in this handbook, including:</p> <ul style="list-style-type: none">• Housing and Transportation• International Health Insurance, tax information, and banking• Postgraduate opportunities• Much more...	Rosemary Stribling Runner Ambassador Program Coordinator 661-654-3468 rstribling@csub.edu	
CSU Bakersfield International Student-Athletes <p>The Runner Ambassador Program (RAP) was created to support, motivate, and provide resources to our student-athletes who join us from another country. Our goal is to ensure that all our international student-athletes enjoy their student experience as they participate in their respective sports. R.A.P. collaborates with several different entities throughout CSUB including the athletics department, campus international committees, international faculty, career resources, campus programming, and student organizations.</p>	ESL & NLC Resources <p>At CSUB we also offer a variety of services for international students. English as Second Language tutoring an Intensive English Language Center which includes Conversative Partners and Host Families. For more information, please contact Rosemary or Luiza.</p> <p>For information regarding housing: https://www.csub.edu/learning/index.html</p> <p>Email: csuhousing@csuill.com</p>	Luiza Martins Runner Ambassador Program Co-Coordinator 661-747-4152 lmartins@csub.edu	
 @RunnerAmbassadors	 @CSUB_RAP	Gabriela Ochoa Advisor for the International Students & Program Office 661-654-6124 gochoa3@csub.edu	Runner Ambassador Program Leaders of tomorrow, CHAMPIONS for life. #AllRunners
 @RunnerAmbassador2016	<p>The Runner Ambassador Program Handbook with detailed information about living in Bakersfield, as well as the U.S. is located on www.runners.com under the Regley Center for Student Success tab and a physical copy in the Regley Center for Student Success.</p>	Aubrey Brick Compliance Coordinator 661-654-2566 abrbrick@csub.edu	

Branding

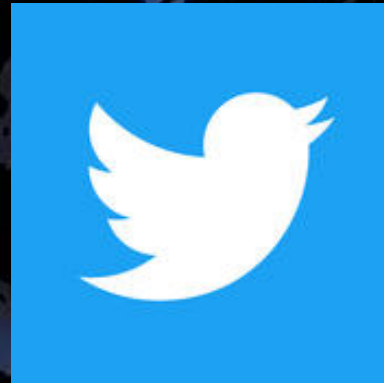
We have started social media pages to assist with branding & promoting events of the program.

Follow us:

**Facebook handle -
@RunnerAmbassadors**

**Twitter handle -
@CSUB_RAP**

**Instagram handle -
@runnerambassador2016**



Branding

To help with the promotion of R.A.P. we had luggage tags created with our current ISA name and home country

We also had stickers made and a banner that we hang up during our events



Branding

R.A.P. Map
We created a map that shows where each of our ISA have traveled to come to CSU Bakersfield.



Future of R.A.P.

2017-2018

- **Summer Study Abroad opportunities for all international and domestic student-athletes**
- **Social events with campus international students**
- **Tax Education Workshop**
- **Host families**



Runner Ambassador Program R.A.P.



Leaders of tomorrow, CHAMPIONS for life
#AllRunners

**Thank you for attending our
presentation! If you have more
questions or comments, please
feel free to contact us.**

**Rosemary Stribling –
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**Luiza Martins –
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