



NCAA Division III
BYLAW 17 PLAYING SEASONS



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Overview

- New NCAA Division III Legislation and Interpretations.
- Athletically related activities.
- Computing playing season.
- Activities outside the playing season.



Session Objectives

- Understand the Division III recently adopted legislation and interpretations.
- Provide an overview of athletically related and voluntary activities.
- Identify the role of a strength and conditioning coach.
- Provide general regulations for computing the playing season.
- Understand legislation surrounding foreign tours.



New Legislation

BASKETBALL -- EXCEPTIONS TO FIRST PERMISSIBLE CONTEST DATE AND EXEMPTIONS



- Two exhibitions, scrimmages or joint practices against any opponent.
- May be played prior to the first permissible date and exempt from the maximum contests.
- Still allows for exhibition against NCAA Divisions I and II.



New Legislation

2015-11 -- BASKETBALL -- DATE OF FIRST CONTEST



- First date of regular-season competition in basketball on November 15; or
- Preceding Friday if November 15 falls on a Saturday, Sunday or Monday.



New Legislation

2015-3 WOMEN'S SAND VOLLEYBALL



- Women's sand volleyball is a championship sport.
- Establish legislation related to amateurism, playing/practice seasons and membership.



New Legislation

2015-12 -- FOOTBALL -- FIRST PERMISSIBLE CONTEST



- First permissible contest can be played on the Thursday preceding the weekend that is 11 weeks prior to the first round of the Division III championships.



New Legislation

2015-13 SOCCER AND WOMEN'S VOLLEYBALL -- PRESEASON JOINT PRACTICE, SCRIMMAGE OR EXHIBITION -- EXEMPTIONS



In soccer and women's volleyball, permissible to conduct an exempted preseason joint practice, scrimmage or exhibition during the preseason prior to the first permissible date of competition.



New Legislation

2015-14--NULLIFICATION



- If an institution competes with an ineligible student-athlete, may incur a nullification penalty.
- The institution may be denied the right to participate in the applicable NCAA championship.



New Legislation

- ▲ Nullification
- ▲ Opponents of an ineligible individual or team that competes with an ineligible player are not adversely affected.
- ▲ The ineligible student-athlete and the institution he/she represents is penalized.
- ▲ The penalty assessed will be a mathematical calculation that will effect a team's win-loss percentage and strength of schedule within the championship selection criteria.



Official Interpretation

Coach Competing against Student-Athletes
 March 27, 2014



- A coach may compete against or coach against a team including student-athletes from that coach's sport.
- Coaching staff member may not direct, supervise or otherwise engage in practice activities with the student-athletes during the competition.



Official Interpretation

Coach Competing against Student-Athletes
March 27, 2014

LSDBi

APPLICATION: There is an adult soccer league in your community run by the parks and recreation department. Your soccer coach would like to compete on a team but she knows there are two current student-athletes on another team in the league.



Official Interpretation

Postponed/Canceled Contest Due to Inclement Weather
January 14, 2015

LSDBi

Institution utilized a date of competition or a contest if the competition or contest is postponed or canceled due to inclement weather or a comparable factor only if the results are considered final under the applicable playing rules of the sport.



Official Interpretation

Postponed/Canceled Contest Due to Inclement Weather
January 14, 2015

LSDBi

APPLICATION: Your softball team plays three innings and the game is cancelled due to lightening. Playing rules state a softball game must be a minimum five innings in length to be official.



Staff Interpretation

Application of Contest/Date of Competition, Sports Sponsorship and Conference Championship Competition Legislation if Results are Reported from Remote Locations

February 2, 2015

LSDBi

In order for an event to constitute an intercollegiate contest/date of competition and to satisfy conference championship competition and/or sports sponsorship, the event must be conducted on the same date(s) and at the same site.



Staff Interpretation

Application of Contest/Date of Competition, Sports Sponsorship and Conference Championship Competition Legislation if Results are Reported from Remote Locations

February 2, 2015

LSDBi

APPLICATION: Each member institution of a conference conducts a swim meet at their home pool and reports the times to the conference office. Based on the times, the conference awards place finishes and crowns a champion for the meet.



Trivia



▲ What was the first consumable to appear at a ballpark?

Beer



Athletically Related Activities

- ▲ Practice, any meeting, activity or instruction involving sports-related information and having an athletics purpose.
 - ▲ Examples: field/court activity, chalk-talk, review of game film.
- ▲ Competition.
- ▲ Required weight training.
- ▲ Required participation in camps, clinics or workshops.
- ▲ Captain's practices.

Bylaw 17.02.1.1



Athletically Related Exceptions

- ▲ Administrative and academic activities.
- ▲ One team meeting.
- ▲ One individual meeting.
 - Consultation initiated by student-athlete.
- ▲ Fundraising not involving athletics ability.
- ▲ Observation.

Bylaw 17.02.1.1.1
Official Interpretation 11/7/91



Teambuilding Activities

- ▲ Can these activities occur outside of the playing season?
- ▲ Do team building activities constitute athletically related activities?



Athletically Related Activities

▲ Questions to ask...

- What does the activity/program include?
- What is the intent of the activity?
- Are physical components included in the activity?
- Is there technical or tactical instruction?
- Is this mandatory or voluntary?
- Will the coaches be present?



Case Study

- ▲ In January, the field hockey coach will conduct mandatory teambuilding for the seniors. The teambuilding includes:
- Team goal-setting.
 - Instilling Trust in Your Teammates.

▲ Is this permissible?



Case Study

▲ Questions to ask...

- What does the activity/program include?
- What is the intent of the activity?
- Is physical activity involved?
- Is there technical or tactical instruction?
- Is this mandatory or voluntary?
- Will the coach be present?



Case Study

▲ No, not permissible as planned:

- Activity has an athletics purpose.
- Mandatory.
- Coach organized and is involved.
- Only open to seniors.





Outside of Playing Season

▲ Student-athletes and coaches shall not engage in athletically related activities outside of institution's declared playing and practice season.

▲ Coach communication with the strength and conditioning coach.

▲ Coach communication with student-athlete.

▲ Videotapes during summer vacation period.

Bylaw 17.1.5
Official Interpretation 8/22/90



Voluntary Athletics Related Activities

▲ No required report back.

▲ Initiated solely by student-athlete.

▲ Attendance may not be recorded.

▲ No penalty for no participation.

▲ No incentives based on attendance or performance.

Bylaw 17.02.13



Case Study

- ▲ Would it be permissible for an athletics department staff member to create a video demonstrating strength and conditioning activities during the playing season?
- ▲ Can it be posted on YouTube?
- ▲ Can it be given to a student-athlete to use outside of the declared playing season?



Answer

- ▲ Yes
 - Can create a video but only during required strength and conditioning activities.
- ▲ Yes
 - Can post on YouTube.
- ▲ Yes
 - Can provide to a student-athlete to use on own outside of the season.

Bylaws 17.02.1.1 and 17.02.13



Strength and Conditioning

- ▲ Voluntary Strength and Conditioning Monitoring
 - Voluntary individual workouts monitored for safety purposes by strength and conditioning personnel.
 - If the strength and conditioning coach is also a coaching staff member for one of the institution's intercollegiate teams, monitoring may occur only if that staff member performs monitoring duties for all student-athletes using the facility at that time.

Bylaw 17.02.1.1.1-(g)



Strength and Conditioning

▲ Voluntary Strength and Conditioning Activities

- Voluntary individual strength and conditioning activities conducted by strength and conditioning personnel who have received strength and conditioning certification from a nationally recognized certification program only during the institution's regular academic year.
- Certification is current and active.

Bylaw 17.02.1.1.1-(h)



Strength and Conditioning

▲ Voluntary Strength and Conditioning Activities

- Team coach must also provide out-of-season strength and conditioning services to all student-athletes at the institution;
- May be conducted for individuals or groups, provided the participation of each student-athlete, individually and in the group, is voluntary; and
- A strength coach may not conduct sport-skill instruction even if the individual is also a sport team coach.
- Cannot reserve a facility to conduct voluntary strength and conditioning workouts.

*Official Interpretation 3/25/11
Educational Column 8/1/11*



Case Study

- ▲ The assistant men's soccer coach is also a certified strength and conditioning coach.
- ▲ He publicizes voluntary strength and conditioning workouts through Twitter outside the declared playing season.
- ▲ The reservation times are broken down by team.
 - Weight Room Reservation Schedule:
 - Football – 3:30 - 4:30 p.m.
 - Men's Soccer – 4:30 - 5:30 p.m.
 - Field Hockey – 5:30 - 6:30 p.m.
 - Women's Soccer – 6:30 - 7:30 p.m.
- ▲ Is this permissible?




Answer

▲ No

- Can only be considered voluntary if facility is open to all students and attendance or participation is not recorded.
- Reserving a time slot for a team not permissible.



Educational Column 03/9/07



Trivia



According to the National Chicken Council's 2015 Wing Report how many chicken wings were eaten during the 2015 Super Bowl?

1.25 billion



Determining First Date of Practice

▲ Length of playing season.

▲ Football

- Can count back from the subvarsity game, if the first subvarsity game is scheduled to occur before the first varsity game.



Bylaws 17.1.1.3 and 17.9.2.1



Practice Start Date Calculator

The screenshot shows the NCAA Division III website navigation menu. The link 'Division III Practice Start Date Calculator' is circled in red. Other visible links include: Compliance Assistant (CA), Contact Academic and Membership Affairs, Division III Conference Rules Seminar, Division III Consistent Financial Aid Package Resource, Division III Financial Aid Assessment Memo (August 2014), Division III Social Media Reference, Getting in the Game Videos, and Information Resources Database.

Playing/Practice Season Tool

Select a sport

Sport Segment

Start of classes

First contest

First practice

Preseason Activities

- ▲ Expenses to student-athletes for preseason may begin with an evening meal and lodging on the evening prior to the equipment issue, team pictures and administrative activities day.
- ▲ If team's first day of practice is a Monday, then equipment issue, team pictures and administrative activities may occur on the preceding Saturday.

Official Interpretation 6/9/04
 Educational Column 8/10/05

Preseason Activities

- ▲ Calculated Season Start Date
 - Example: Friday, August 14, 2015.
- ▲ Equipment or Squad Picture Day
 - Thursday, August 13, 2015.
 - Required if the institution brings the team to campus two days before first practice date.
- ▲ Evening Meal/Lodging
 - Wednesday, August 12, 2015.



Preseason Activities

- ▲ Before the first day of fall preseason practice an institution may conduct:
 - Equipment or Squad Picture. (Required if the institution brings the team to campus two days before first practice date.)
 - Administrative and academic activities.
 - Medical examinations.
 - Filling out NCAA compliance forms.
 - Orientation.

*Official Interpretation 6/9/04
Educational Column 8/10/05*



Three-Hour Football Recovery Period

- ▲ During the five-day acclimatization period, student-athletes must be provided with at least three hours of continuous recovery time between any sessions (e.g., on-field practice or walk-through).
- ▲ No meetings or other athletically related activities.
- ▲ Medical treatment is permissible.
- ▲ Meals permissible.



Bylaw 17.9.2.2



Case Study

▲ Preseason practice begins on Sunday. The team reports to campus and moves in on Friday. May the team participate in an athletically related team building activity on Saturday?



Answer

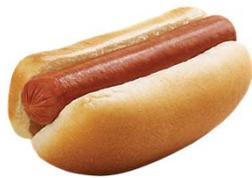
▲ No, if the team building activities are considered athletically related activities.



Bylaws 17.02.1.1 and 17.02.1.1.1



Trivia



▲ **What is the most popular topping placed on a hot dog by adults?**

Mustard



Individual Sports

▲ Runner College has indoor track and field student-athletes competing in a "last chance meet". Must this occur during the 24-week season?

- Yes, all competition prior to the NCAA championship must occur within the 24 weeks.



Individual Sports

▲ Swimmer College has four swimming student-athletes competing in a "last chance meet". Must this count as a date of competition?

- For the team, NO since there are less than six student-athletes.
- For the four individuals, YES.



Individual Sports

▲ Grappler College has two wrestling student-athletes who have been selected for the NCAA Championship(125 lb. and heavy weight). Can other student-athletes from the team continue to practice with these young men to prepare them for the NCAA championship beyond the declared playing season?

- Yes, appropriate squad members considered necessary for effective practice.

Bylaw 17.1.3-(e)



Trivia



▲ **Sailor Jack and his dog Bingo are trademarks of what ballpark treat?**

Cracker Jack



Foreign Tours

-  Must take place during a vacation period (summer, vacation period published by the institution).
-  Once every three years.
-  Practice – 10 days.
-  Contests –10 contests or dates of competition, except football-only three.

Bylaw 17.29



Foreign Tours

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- Per Diem – \$20/day for incidental expenses, maximum of 21 days.
- Post-Tour Stay – no transportation expenses after the tour is completed for a student-athlete who remains in the country.
- Passports – institution may purchase.

Bylaw 17.29



Foreign Tours

▲ Eligibility of Student-Athletes

- Summer Tours
 - Student-athletes shall have been eligible for intercollegiate competition during the previous academic year; or
 - Shall have been enrolled at the institution as a full-time student during the previous academic year and have established by the beginning of the tour that he or she is eligible for competition in the upcoming academic year.



Bylaw 17.29



Foreign Tours

▲ Eligibility of Student-Athletes

- Academic Year Tours
 - Student-athletes shall be regularly enrolled in the institution and eligible for competition.

▲ Incoming-Student Participation

- May participate on a foreign tour that begins after the permissible starting practice date in the sport involved or after the first day of classes of his or her first regular term at the institution.



Bylaw 17.29



Foreign Tours

▲ PostGraduate Participation

- Provided the individual was eligible for competition during the previous academic year, a postgraduate student can participate the summer after graduation.



Bylaw 17.29



Foreign Tours

▲ Tour with Student-Athletes from Multiple Institutions



- Bylaw 17.29.2 lists number of permissible student-athletes from each institution.
- If number is exceeded, institution is charged with once-in-three year foreign tour.
- Institution's coach can coach an outside team tour that includes his/her student-athletes.

Bylaw 17.29



Trivia



▲ In what city was the industrial size popcorn popper invented?

Chicago



Questions?